CIARA: STRONGER THAN EVER BEFORE

WHY THE PAST YEAR HAS MADE HER UNSTOPPABLE. PAGES 14-15

metro

NEW YORK CITY No. 1 FREE DAILY IN THE US

Tuesday, May 5, 2015 **www.metro.us | t: MetroNewYork | f: MetroNewYork**

Slain officer. Brian Moore, 25, has died after being shot on Saturday as he and his partner questioned a career criminal in Queens. PAGE 02

LETTING GO OF ONE OF THEIR OWN

Members of the NYPD embrace outside Jamaica Hospital Trauma Center on Monday following the death of Officer Brian Moore. / MILES DIXON, METRO

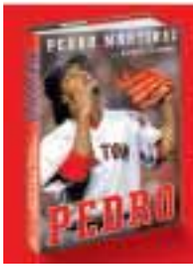
3-TIME CY YOUNG AWARD WINNER

WORLD SERIES CHAMPION

HALL OF FAMER

Read the memoir of a legend.

Photo © Jim Rogash



PEDRO by PEDRO MARTINEZ

Available wherever books and e-books are sold

Houghton Mifflin Harcourt

hmhbooks.com/pedro

1 NEWS

Top 3

The best of Metro.us

1 'HBO takes on piracy once again: no more "Game of Thrones" DVD screeners'

2 'Matthew Hussey on how to "Get the Guy"'

3 'Ciara: "There ain't nothing I can't do"'

Get the latest

Want to read the latest news on your mobile device? Get the free Metro App! Find out what happened while you were sleeping and get the latest in news, sports, lifestyle and entertainment. Just search for Metro US in the App Store or Google Play.

Suspect charged with murder after cop's death

Gunned down. Officer Brian Moore has succumbed to injuries allegedly sustained at the hands of a career criminal.

Police gather for a procession at the Jamaica Hospital Trauma Center after the death of NYPD Officer Brian Moore. / MILES DIXON, METRO

An NYPD police officer who was allegedly shot in the head by an ex-con on Saturday evening in Queens has died.

Speaking outside of Jamaica Hospital shortly before 3 p.m., Police Commissioner Bill Bratton said New Yorkers should pray for Officer Brian Moore's family, who made the difficult decision to remove him from life support.

Bratton said officers from the 105th Precinct had just come back from the funeral of a fellow officer, who died from complications related to 9/11, when they heard that Moore had died.

"He was an extraordinary young man … [this is a great loss] to his family, this department and to this profession and this city," Bratton said.

Patrolmen's Benevolent Association President Pat Lynch said that officers throughout the city will ride subways and do patrols with a heavy heart, and asked New Yorkers to comfort cops and thank them for their service.

"There is no closure for a New York police officer's family in death," Lynch said. Moore's father and uncle are retired from the NYPD, and he has a cousin on the force.

Moore had 150 arrests in his less-than-five-year career, officials said.

Moore was allegedly shot by Demetrius Blackwell around 6:15 p.m. on Saturday. Moore and his partner, Officer Erik Jansen, were on patrol in plain clothes and an unmarked police car when they spotted Blackwell suspiciously adjust something in the waistband of his pants in the area of 212 Street and 104 Avenue.

When the officers pulled up behind Blackwell and asked what he was doing, the suspect allegedly pulled out a gun and fired multiple times into the car.

Moore was hit several times in the head, authorities said, and Blackwell fled before the officers were able to return fire. Moore's partner was not injured and the suspect, who is 35 years old, was apprehended about 90 minutes after the incident.

Blackwell was arraigned on attempted murder charges on Sunday. Queens DA Richard Brown upgraded the charge to murder on Monday afternoon, and if convicted Blackwell faces life in prison without the possibility of parole.

Police recovered a Taurus revolver with three spent bullets and two live rounds from a backyard on 104 Avenue on Monday.

The gun had been reported stolen. Bratton said the DA plans to start the grand jury process on Tuesday and seek a charge of first-degree murder of a police officer.

WENDY JOAN BIDDLECOMBE
Wendy.Biddlecombe@metro.us

Bratton, left, and Lynch speak at the hospital.

Honoring a hero

Moore's funeral will likely be planned for later this week. Officers lined up and saluted Moore's body as it left the hospital in an ambulance, with Bratton placing a hand over his heart.

- The flags at 1 Police Plaza were lowered to half staff following Moore's death, and a blue ribbon was draped around a tree outside the 105th Precinct.

Quoted

"Our city is in mourning and our hearts are heavy ... we lost one of the best amongst us. ... We need to be there for the Moore family and thankful there was a hero amongst us, known as Brian Moore."

Mayor Bill de Blasio

Senate leader. Dean Skelos, son charged in corruption scheme

Federal authorities yesterday charged New York state Senate Majority Leader Dean Skelos and his son with engaging in a corruption scheme, in the latest of a string of criminal cases against politicians in Albany.

Skelos, a 67-year-old Republican, and his 32-year-old son, Adam, were named in a six-count criminal complaint filed in Manhattan federal court that included charges of conspiracy and extortion.

Prosecutors said Skelos pressured a real estate developer and an environmental technology company to pay his son more than $200,000 in exchange for his support on infrastructure and legislation.

The men surrendered to feds early yesterday and were expected to later appear in court.

Skelos said in a statement he was "innocent of the charges leveled against me." His son's lawyer did not comment.

In the last decade, 22 legislators have been charged in Albany for corruption, according to NYU Law School's Brennan Center for Justice. **REUTERS**

Pay up

MTA wants city taxpayers to fill budget gap

A 15 percent fare hike may be "hypothetical," but the MTA's money hole is not.

The MTA wants city taxpayers to pony up $1 billion to build out the new Second Avenue line and $300 million annually for the capital plan. The city sends $100 million annually to the MTA for its capital expenditures.

A subway rider uses a Union Square MetroCard machine. J.B. NICHOLAS, METRO

The city was already planning to give a boost of $25 million. **METRO**

LOW PROPERTY TAXES! EXPRESS COMMUTER BUSES (4 per hour) 90 mins to NYC!

Why Rent?

Choose from Classic's Complete Line of Brand New Homes in the Poconos!

All Classic Mainline Homes include land, up to 4 bedrooms, 2½ baths, garage, living room, dining room, complete appliance package, Central Air and Heat, landscaping, and a host of features. including permitting, driveway and well -- all included in the purchase price!

THE COUNTRY HOME -- *A Classic Mainline Home*

NOW $199,900

2,684 SQ. FT. • LARGE OPEN FOYER

$6,997 DOWN PAYMENT

$1,577* per month pays all including principal, interest, taxes and insurance!*

THE ASHTON -- *A Classic Mainline Home*

NOW $269,900

2,867 SQ. FT. • 4 Bedrooms • 2 Car Garage

$9,447 DOWN PAYMENT

$1,920* per month pays all including principal, interest, taxes and insurance!*

THE HOMESTEAD -- *A Classic Mainline Home*

now $277,000

3,392 SQ. FT. • 4 BR PLUS SPACIOUS LOFT

$9,695 DOWN PAYMENT

$1,954* per month pays all including principal, interest, taxes and insurance!

THE HERITAGE -- *A Classic Mainline Home*

now $283,500

3,424 SQ. FT. • 4 Bedrooms • 2 Car Garage

$12,500 DOWN PAYMENT

$1,973* per month pays all including principal, interest, taxes and insurance!

Buy a new home now -- Get up to $5,000 toward Closing Costs!

CLASSIC QUALITY HOMES

Call toll free

1-800-276-4000

Visit our all-new website:

www.classicqualityhomes.com

Or text: cqh to 411669 to get text updates about our Home Buying Incentive programs

* Monthly payments based on FHA 30 yr. fixed interest rate of 4.5% with 5% APR with a finance cap of $271,000. Lower rates may apply to qualified buyers. All numbers are estimated. Conventional mtgs. also available. *Figures quoted above on Cambridge model based on conventional 30 year mtg.*

ONLY ONE STAR BRINGS YOU THE MAGIC OF
mom
MOTHER'S DAY IS MAY 10

Bar III
Only at Macy's.
2-pc. bangle set.
29.50. ★ 2158097.
Tassle necklace.
32.50. ★ 2158106.

SHOP THE MOTHER'S DAY GIFT GUIDE AT MACYS.COM/GIFTGUIDE

the magic of macy's .com

FREE SHIPPING & FREE RETURNS AT MACYS.COM Free shipping with $99 purchase. Free returns by mail or in-store. U.S. only. Exclusions apply. Details at macys.com/freereturns ➤ Photo may be enlarged or enhanced to show detail. Advertised merchandise may not be carried at your local Macy's & selection may vary by store. Prices & merchandise may differ on macys.com. 5040278

Giant advertisements in Times Square are larger than the law allows. / BESS ADLER, METRO

Times Square may bid farewell to billboards

Advertisements. The billboards may have to come down or the state will risk losing federal highway funds.

On the southeast corner of Times Square, where Minnie Mouse and Spider-Man wait for customers, a crowd of tourists can be seen standing still and staring up at a billboard expectantly.

Every 10 minutes or so, the screen they're staring at projects their own faces back at them, which sets off a flurry of big-screen selfless.

But it turns out this billboard, and others plastering Times Square, may actually be illegal. Under a federal highway beautification law, the billboards are too big — the law states that highways should not be larger than 1,200 square feet.

Last week, the city's transportation commissioner said the billboards may have to be taken down, or New York could risk losing 10 percent of its federal highway funds.

The Department of Transportation seems determined to find a solution to keep the billboards in place, despite the federal law.

But not all New Yorkers would be upset to see the billboards go.

"I think they're a total eyesore!" said Sam Williams, 24, who was passing through Times Square on Monday afternoon on her way home to Queens.

Metro took a look at the most in-your-face billboards, the ones we might tear down first if it were up to us.

The Revlon ad with the interactive camera has to be at the top of the list, with sentimental quotes about love on repeat and #loveison at the bottom of every screen, it's not only tacky but also slows down the foot traffic.

"Yeah, that one is the worst," said Williams.

It's also hard to go past the ads at the north and south ends of Times Square, several stories high and a mish-mash of dizzying moving ads.

And let's not forget the full wall of ads below the Marriott Marquis — who needs nice architecture when the walls are made up of giant screens?

For New Yorker Arlene Webster, 70, it's the giant billboards of scantily clad girls that would go first.

"I don't think this is very appropriate, those naked girls," said Webster, referring specifically to H&M's summer bikini billboards.

"This 42nd street is more for tourists than for locals," she said, "It's too much."

Others, though, think losing the billboards would be a sad day for the city.

"They're awesome," said Simon Alviar, 27, of Queens. "They attract the tourists and stuff. It's amusing."

NIDHI PRAKASH
@MetroNewYork
letters@metro.us

Fighting for the billboards

A spokeman for the New York City Department of Transportation told Metro in a statement that the department is working with the state Department of Transportation and the city Department of Buildings to find a way to keep the signs untouched.

- "Signage will not be removed," the spokesman said in the statement. "We are working with NYSDOT and City DOB to identify a solution in which signage will remain unchanged."

Quoted

"New York City won't be the same without billboards. It's hard to imagine."

Hemen Desai, 37, works in Times Square

GIVE INSPIRATION WITH THE

BOUQUET OF LOVE GIFT SET*

*Starting April 9, while supplies last — purchase PANDORA's "bouquet of love" gift set for $195. See store for details.

Some jewelry displayed patented US Pat. No. 7,007,507 • © 2015 Pandora Jewelry, LLC • All rights reserved • PANDORA.NET

THIS ISN'T JUST A MOTHER'S DAY GIFT

IT'S A MOMENT FORGED IN GOLD. A THOUSAND LATE NIGHTS STRUNG ON A SILVER CHAIN.
AN INSIDE JOKE TWINKLING BACK AT HER. AND WHO KNOWS WHAT IT'LL BE TOMORROW.
SHARE THE #ARTOFYOU AND EXPLORE AT PANDORA.NET

PANDORA®

PANDORA™ STORE

HERALD SQUARE
1284 BROADWAY
NEW YORK, NY 10001
BETWEEN 34TH & 33RD STREET
212.643.9760
Find us on Facebook

NEW YORK SINCE 1959
DIAMONDS & DIALS

GREELEY SQUARE
96 WEST 32ND STREET
NEW YORK, NY 10001
CORNER OF 32ND & 6TH AVE
212.725.2570
Find us on Facebook

Community

Obama speaks on young men of color

President Barack Obama paid a visit to the Bronx Monday afternoon to launch My Brother's Keeper, a nonprofit aimed at helping young men of color succeed.

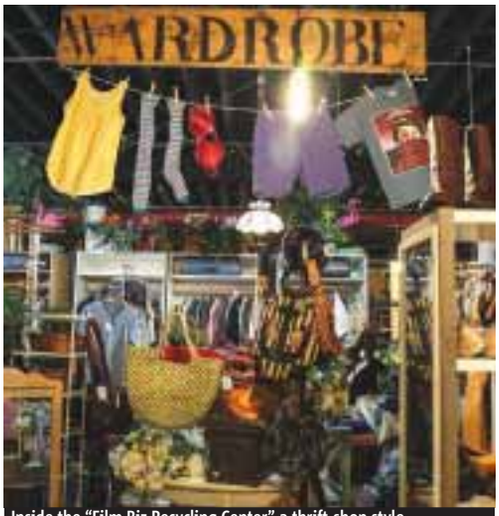
My Brother's Keeper was started by the president as a task force following the death of Trayvon Martin. The new nonprofit will help expand education opportunities for young people in poor communities, and connect them with jobs and other opportunities.

Obama / GETTY IMAGES

"We see ourselves in these young men," Obama said, speaking at Lehman College in the Bronx. "I grew up without a dad. I grew up lost sometimes in a drift, not having the sense of a clear path. The only difference between men and a lot of other young men, in this neighborhood and all across the country, is that I grew up in an environment that was a little more forgiving."

Obama said he'd remain committed to race relations even after leaving the White House. METRO

Jump Into Spring and head into Summer
for whiter and brighter teeth
Extended Special from our Ivy League Dentists
Special Whitening
$59
(regularly $299)
Revolutionary Whitening Pen that whitens teeth in minutes!
$99 Cleaning, Exam, X-Ray
BRING IN AD FOR REDEEMABLE COUPON!
NEW PATIENT OFFER
WALK-IN APPOINTMENTS AVAILABLE!
(212) 957-6453
CALL: (212) 95-SMILE
snapon smile
FREE CONSULTATION
STATE OF THE ART COSMETIC, GENERAL & RESTORATION DENTISTRY
IMPLANTS • ROOT CANALS • PERIODONTAL • INVISALIGN • CROWNS & VENEERS
TEETH WHITENING • EMERGENCY DENTAL TREATMENT
MANHATTAN DENTAL ARTS COSMETIC, GENERAL & RESTORATION DENTISTRY
1995 BROADWAY (NEXT DOOR TO APPLE STORE), SUITE 200, NEW YORK, NY 10023
VISIT WWW.MANHATTANDENTALARTS.COM (212-957-6453)



Inside the "Film Biz Recycling Center" a thrift-shop style warehouse that recycles goods used on film and TV sets at 540 President Street in Brooklyn. / MILES DIXON, METRO

Movie prop shop closing its doors

Brooklyn. Film Biz Recyling will have a liquidation sale that will last through May and June.

Film Biz Recycling, a seven-year-old Gowanus-based nonprofit that rents, sells and donates used furniture and props from film and television productions, recently announced that it will shut its doors for good.

The nonprofit, which is based out of a sprawling 11,000-square-foot basement, is one of the best-kept secrets of the city. "By the way, keeping us a secret does not keep us in business," Eva Ranke, founder and owner of Film Biz Recycling, said as an aside.

"This whole place was just an accident of trying to do the right thing," Ranke explained over the ambient noise of croaking tape guns, squeaking wheels and a steady stream of classic rock. "I couldn't have ever imagined it would be this cool, this beloved — the public's crushed."

Ranke, a veteran of the film and television industry, explained that Film Biz Recycling was born out of her observing the industry's culture of waste. She recalled seeing production companies throwing out props, furniture and set materials that were used for, at times, a mere couple of weeks to a single day. Ranke says that Film Biz Recycling, in its seven-year life, has helped to change that culture, but is worried about what will happen when it's gone.

"We have changed the culture. I'm sure that many productions will say 'I can't do this' and will find a place to donate it. [But] those places are selective, they take only a certain amount of things," said Ranke. This is what make Film Biz Recycling different. Ranke told us that they were designed especially for the film industry and will take "everything that is not broken or dangerous" from productions.

The nonprofit boasts its achievement in diverting about 97 percent of waste a week away from landfills, where a majority of a production's props and materials end up.

The business is closing because of an inability to secure funding, but Ranke's not letting the entertainment industry off the hook.

"It's the producer's responsibility to make sure that while you're creating your art you're not creating a mess."

MATT LEE
@METRONEWYORK
matthew.lee@metro.us

4 things you need to know

1 Republican former CEO Fiorina enters 2016 race, hits at Clinton

Former Hewlett-Packard Chief Executive Carly Fiorina on Monday announced she is running for president and took a shot at Democratic front-runner Hillary Clinton, whom she said represents a political class that Americans are "disgusted" with.

Once one of the most powerful women in American business, Fiorina registers near the bottom of polls of the dozen or so Republican hopefuls and has never held public office.

She is positioning herself as an outsider with real-life experience earned through years in the corporate world.

Fiorina, 60, said the former first lady and her husband, former President Bill Clinton, belong to an out-of-touch political elite.

"She reminds people that there is a huge disconnect between that political class and the hopes and concerns of hardworking Americans everywhere," she told reporters on a conference call.

"I see that disconnect everywhere I go. I see people just disgusted, honestly, with the way the playing field is tilted against them, the disconnect between what they're thinking about and what they perceive people in Washington are thinking about," Fiorina said. REUTERS

FIORINA
GETTY IMAGES

2 Wisconsin man opens fire on family after fight with girlfriend

A Wisconsin man, who had just been in a fight with his girlfriend, armed himself with two guns, cycled to a scenic bridge and opened fire, killing a father and his daughter along with another man before taking his own life, police said on Monday.

Sergio Daniel Valencia del Toro, 27, killed Jonathan Stoffel, 33, his daughter Olivia, 11, and Adam Bentdahl, 31, and critically wounded Erin Stoffel, 32, police said.

The shooting happened on Sunday evening on the Trestle Trail bridge in Menasha, about 35 miles southwest of Green Bay. REUTERS

3 Samsung uses virtual reality for 'Avengers' movie ads

Samsung and Walt Disney's Marvel introduced a marketing campaign that for the first time promotes a movie using short virtual reality films.

The ad campaign for the movie "Avengers: Age of Ultron," employs technology that immerses a user in a 3-D world and makes them feel as if they are in the action.

The campaign is made to work with Samsung's GS6 smartphone that fits with the company's VR glasses, Samsung Gear VR, though the films can be viewed on Android smartphones or any Web browser. REUTERS

4 Baltimore cops: Gun discharged during arrest, no injuries

Baltimore police denied a media report on Monday they had shot a black man while trying to take him into custody, saying the man's firearm went off accidentally while officers were arresting him and that no one was injured.

A senior Baltimore police officer on the scene told reporters that the man had been put into an ambulance as a precautionary measure.

"No one was injured," the officer said. "Nowhere on his body does he have a gunshot wound." REUTERS

Are Your Legs Suffering From...
Varicose Veins
Leg Ulcers
Spider Veins
Pain/Burning
Restlessness
Heaviness
Swelling
Itching
Fatigue
Cramping
We are not a chain, trust the doctor that cares about you!
Personal & discrete care delivered directly by Ronald Lev, MD
15 minute minimally invasive procedures
Certified by the American Board of Venous and Lymphatic Medicine
Consistently ranked #1 Vein Doctor in NYC by our patients
Everyone is so nice and professional. I've been to other doctors with no result, but here, they did everything to ensure my leg wound heals. Dr. Lev and his staff are great at delivering success. Thank you! — Al S.
ADVANCED VARICOSE VEIN
TREATMENTS OF MANHATTAN
212.204.6501
TreatmentsOfManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM
111 John St, Ste 1450 (bet Cliff & Pearl Sts), New York, NY 10038
Evening appointments available!
¡Hablamos Español!
Covered by Most Insurances including Medicare • FREE Consultation
Until 5/8/2015

US ships accompany British-flagged vessels in Strait of Hormuz

Pentagon. Iranian patrol boats had shadowed a U.S.-flagged commercial ship going through the vital waterway.

U.S. Navy warships have begun accompanying British-flagged commercial vessels through the Strait of Hormuz as a result of Iran's detention of a Marshall Islands-flagged cargo ship last week, the Pentagon said on Monday.

Army Colonel Steve Warren, a Pentagon spokesman, said the U.S. Navy had accompanied one British ship through the strait, one of the world's most important oil-shipping channels, following talks between Washington and London.

The guided-missile destroyer USS Farragut / GETTY IMAGES

Quoted

"They've asked if we would accompany their flagged vessels through the strait."

Warren told reporters

The Navy has been accompanying U.S.-flagged ships traversing the strait for several days in response to last week's detention of the MV Maersk Tigris by Iranian Revolutionary Guard patrol boats.

Pentagon officials said the action is a temporary one as a result of recent Iranian actions in the waterway.

The Maersk Tigris was approached by Iranian patrol vessels last Tuesday and ordered into Iranian waters. The ship's master initially declined and an Iranian vessel fired shots across its bow and forced it to divert to near Larak Island off the port of Bandar Abbas.

The Maersk Tigris remains there as a result of what Iranian officials have said is a court order based on a commercial dispute.

The incident comes at a time of heightened tensions in the region as a result of the conflict in Yemen between Iranian-backed rebels and the Saudi-backed government. The United States is supporting the Saudi-led coalition. **REUTERS**

Want College Credit For What You Already Know?

Here's How ... SUNY Empire State College is a recognized leader in turning prior knowledge into college credit.

Your degree may incorporate:

- Work experience
- Military training
- Licenses and standardized tests

You can earn up to 93 credits toward your bachelor's degree or 40 credits toward your associate degree.

Call today and finish your degree sooner.

Call: 877-372-6759
Visit: choose.esc.edu/empire

SUNY EMPIRE STATE COLLEGE

Brooklyn • Hauppauge • Manhattan • Old Westbury • Riverhead • Staten Island

Apple Bank BONUS Savings Account:
Great Rate *and* a Bonus on Each 1-Year Anniversary!

BONUS Savings Account 0.75% APY*
$25,000 minimum to earn stated rate

PLUS

BONUS** 0.25%
On each 1-year anniversary of account opening

Visit one of our convenient branches.

Apple Bank
Established 1863 · Member FDIC

www.applebank.com • 914-902-2775

*For the Apple Bank BONUS Savings account, interest earned on daily balances of $2,500 or more at these tiers: $2,500-$24,999: .10% Annual Percentage Yield (APY), $25,000 and up: .75% APY. There is no interest paid on balances of $0-$2,499. APYs disclosed effective as of January 6, 2015. APYs may be changed at any time at the Bank's discretion. There is a minimum of $2,500 required to open the Apple Bank BONUS Savings account. $2,500 minimum daily balance is required to avoid $10 monthly maintenance fee. Fees may reduce earnings. Funds used to open this account cannot be from an existing Apple Bank account. Maximum deposit amount is $1,000,000 per household. ****Special bonus feature:** A .25% simple interest rate bonus will be paid on each anniversary date of account opening on the lowest balance for that year (anniversary date to anniversary date). No bonus is paid if the account balance is less than $2,500 on the anniversary date. Additional deposits during a given anniversary period do not affect the bonus interest payment. Deposits made to the account on any anniversary date will be used to calculate the lowest account balance for the next anniversary period. The bonus interest is calculated on the lowest balance on deposit from one anniversary date to the next anniversary date. Simple interest rate bonus is subject to change at any time after first anniversary date of account opening. **Hypothetical example of how bonus works:** Assume an account is opened on January 12, 2015 for $50,000. A $10,000 withdrawal is made on July 12, 2015. No other withdrawals are made prior to the January 12, 2016 anniversary date. The low balance is now $40,000, so $100 in bonus interest will be paid on January 12, 2016.

Available in Westchester, LI, CT, NJ, NY and select Manhattan clubs.

*Plus one-time enrollment fee, annual fee, and any applicable tax. Visit the club or NYSC.com for details.
**On sale thru May 31. Restrictions apply.

Complete Your Degree

at the CUNY School of Professional Studies

Bachelor's Degree Programs:

- > Business (online)
- > Communication and Media (online)
- > Disability Studies (online)
- > Health Information Management (online)
- > Human Relations (in-person)
- > Information Systems (online)
- > Nursing, RN to BSN (online)
- > Psychology (online)
- > Sociology (online)
- > Urban and Community Studies (in-person)

Attend an Upcoming Info Session:

Date: Tuesday, May 12
Time: 6:30 pm
Register: sps.cuny.edu/metroinfo2

Location: 119 W. 31st Street; New York, NY 10001

Contact Us for More Information:
Information@sps.cuny.edu
212.652.CUNY

CUNY School of Professional Studies

Education That Works As Hard As You Do

BEST ONLINE PROGRAMS U.S.News BACHELOR'S 2015

Feds monitored gunman for years in Muhammad cartoon attack

Texas. He was associated with an individual the FBI believed was trying to set up a terrorist cell.

Investigators work the crime scene. / GETTY IMAGES

Federal agents for years monitored one of the two gunmen shot dead after opening fire with assault rifles at a heavily guarded Texas exhibit of caricatures of the Prophet Muhammad.

Two law enforcement officials, who asked not to be named, identified one of the dead shooters as Elton Simpson, under surveillance since 2006 and convicted in 2010 of lying to FBI agents over his desire to join violent jihad in Somalia. The second shooter was identified as Nadir Soofi, a roommate of Simpson, according to two sources close to the investigation.

Phoenix FBI spokesman Perryn Collier confirmed agents were at the Autumn Ridge Apartments in connection with the shooting in Texas. The complex in north-central Phoenix was cordoned off and residents were evacuated for several hours in the early morning.

The incident unfolded on Sunday, when a car drove up behind an indoor arena in Garland, where people attended an event featuring caricatures of the Prophet Muhammad, portrayals considered offensive by Muslims.

Two men jumped out of the car and fired on security guards, injuring one. One police officer returned fire and killed both men in the parking lot. REUTERS

Trouble breathing through your nose?

Why suffer with a problem when we have solutions?

At **eos sinus**, we diagnose and treat the many causes of nasal and sinus disorders such as deviated septum, sinusitis, nasal obstruction, nasal polyps and more. After an expert evaluation, our physicians consider all your options before recommending a treatment plan that's right for you. Our wide range of safe and minimally invasive treatments, including Balloon Sinuplasty™, have proven to be effective for many of our patients.

866-eos-sinus (866-367-7468)
eossinus.com

Most Insurance Plans Accepted

If you think you are suffering from sinus problems, visit our website and take our quick and simple Sino-Nasal Outcome Test.

eos sinus
For the treatment of nasal and sinus disorders

Better Diagnosis. Better Treatments. Better Results.

20 EAST 66TH STREET NYC • 262 CENTRAL PARK WEST NYC
589 BROADWAY NYC
833 NORTHERN BLVD GREAT NECK

Feet Hurt? Bunions? Hammertoes? Heel Pain?

Platelet Rich Plasma Therapy (PRP)

A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasciitis (Heel and Arch Pain)

Take The Foot Health Checkup

- My toenails are streaked, discolored and thickened.
- The sides of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight– they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and scaly – sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

If any of these apply to you... Call today.

Patient is responsible for co-pays & deductibles

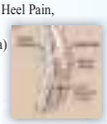
most insurance plans accepted
complete family foot care
laser surgery available

Relief For Chronic Heel Pain

Now Featuring genesisplus™

New FDA Laser Treatment For Nail Fungus, Scars & Warts

CUTERA


New Treatment For Heel Pain, Shockwave, PRP (platelet rich plasma) as seen on the front page of *The New York Times*

The Most Advanced Techniques Used For Bunions & Hammertoe Correction

Downtown location	Midtown location	
65 Broadway Suite 1103 Financial District NYC, NY 10006 212-486-7333	121 E. 60th St. New York City, NY 212-486-7333	235 East 22nd Street (between 2nd and 3rd Ave) 1 212-486-7333
	Paul Drucker DPM Jordan Drucker DPM	184 east 70th st 212-772-3500

High School Diploma

MILDRED ELLEY

Earn Your HS Diploma Now!

(866) 210-1579
mildred-elley.edu

Practical Nurse (LPN)

MILDRED ELLEY

Start Training in May!

(888) 505-2101
mildred-elley.edu

JOIN the Legal Field

Train to be a Paralegal!

- Growing Job Outlook! (17% faster than avg.)*
- Great Pay in NYC ($29.50/hr on avg.)*
- Job Stability & Flexibility

Train Now!

* Source: US Dept. of Labor Statistics http://www.bls.gov/oes/current/oes232011.htm & http://www.bls.gov/ooh/legal/paralegals-and-legal-assistants.htm

Still Enrolling for May Classes!

CALL (855) 537-0446

MILDRED ELLEY
The Power to Change Your Life
mildred-elley.edu

▸ VA & MYCAA Approved, Welcome Veterans! ▸ Day, Night and Weekend Classes!
Convenient Campus Location: 25 Broadway, Floor 16 | New York, NY

Mildred Elley career college • 25 Broadway, Floor 16 | New York, NY • Accredited by ACICS, Approved by ACCES-VR. Approved for VA Education Programs Such as GI Bill & MyCAA International Students Welcome • For program details and disclosures including Albany extension site programs visit mildred-elley.edu/disclosures

Painful Varicose Veins and Swollen Legs?

Varicose veins are more than a cosmetic problem. They are associated with Deep Vein Thrombosis **(DVT)** and Pulmonary Embolism **(PE)**, both of which claim up to **300,000** lives a year in the United States.

Do you have any of these symptoms?

- ☑ Varicose Veins
- ☑ Spider Veins
- ☑ Itching and Burning
- ☑ Leg Pain and Cramps
- ☑ Heaviness and Swelling
- ☑ Skin Discoloration
- ☑ Ulcers and Blood Clots
- ☑ Problem Walking For Long Distance

You may have a condition called venous insufficiency, which left untreated can lead to serious health complications. Our non-surgical, minimally invasive and painless endovenous procedure only takes 15 minutes.

Medicare and most insurances accepted!

Have you had prior vein treatment and are not satisfied with your results? USA Vein Clinics will help!

When it comes to your health, trust your legs to the top vascular specialist at USA Vein Clinics!

- Doctors Staff Include Board-Certified, Harvard and Stanford Trained Specialists

(917) 717-5135

Open on Saturdays

USA Vein Clinics

New Office!

New York:
1153 First Avenue, Manhattan, NY 10065
2511 Ocean Ave, Ste 102, Brooklyn, NY 11229
2444 86th St, Ste A, Bensonhurst, NY 11214
116-02 Queens Blvd, Forest Hills, NY 11375
1975 Hylan Blvd, Staten Island, NY 10306

New Jersey:
766 Shrewsbury Ave, Ste 300, Tinton Falls, NJ 07724

Pennsylvania • Massachusetts

Florida. Man sues hospital after his leg found in the garbage

A south Florida man is suing a hospital for emotional distress, saying his leg was amputated and thrown in the garbage with his name tag still on it.

John Timiriasieff, 56, had his right leg amputated below the knee in October at Doctors Hospital in Coral Gables.

"Rather than properly disposing of the plaintiff's limb as expected and as required by Florida law, Doctors Hospital threw the plaintiff's amputated limb into the garbage, with tags indicating it belonged to the plaintiff," according to the lawsuit filed on Wednesday in Miami-Dade County Circuit Court.

A month later, Timiriasieff said his family was contacted by homicide detectives investigating if he had been the victim of foul play.

When the family went back to the hospital to find out what happened, they were told it would "provide no explanation for what had occurred," the lawsuit said.

Doctors Hospital Inc, part of the Baptist Health South Florida Inc, said it could not discuss the incident in detail because of patient privacy considerations.

"However, we can say when Doctors Hospital was notified of this situation, hospital leaders took immediate and appropriate measures to address it," it added in an emailed statement. "Proper procedures have been reinforced at the hospital to prevent similar situations from happening in the future."

Normally, amputated limbs are incinerated by hospitals, said Clay Roberts, a lawyer for Timiriasieff.

Roberts said he wrote to the hospital in January but got no response.

In the lawsuit, Timiriasieff described the hospital's conduct as "outrageous and beyond the bounds of human decency as to be regarded as odious and utterly intolerable in a civilized community."

REUTERS

THE LEG WAS DISCOVERED AT A WASTE MANAGEMENT FACILITY AND REPORTED TO POLICE.

Quoted

"Hospitals aren't supposed to throw limbs away."

Roberts

BRAMSON ORT COLLEGE www.bramsonort.edu
EOE / AA

OPEN HOUSE
Wednesday, May 6th 10:00am - 7:00pm

- Accounting
- Paralegal
- Business Management
- Hospitality Management and more!

✓ Job Placement Assistance
✓ Degrees and Certificates
✓ Flexible Schedules
✓ ESL

Queens Campus
69-30 Austin Street, Forest Hills
Brooklyn Extension Center
8109 Bay Parkway, Brooklyn
CALL TODAY! (866) 644-2925
THE BRAMSON ORT PROGRAMS GAINFUL EMPLOYMENT DISCLOSURES ARE POSTED ON WWW.BRAMSONORT.EDU

DENTALIGN NYC invisalign
www.nyc-dentalign.com
THE CLEAR ALTERNATIVE TO BRACES | PROVIDER WITH ELITE STATUS SINCE 2005
CALL TODAY FOR A FREE CONSULTATION
888-711-0267
405 LEXINGTON AVE 21ST FLOOR - NEW YORK, NY 10174
Full Invisalign treatments $2,999
Express invisalign $1,999 | 0% Financing available.

LASER TATTOO REMOVAL
50% OFF FIRST TREATMENT
646-862-7021
204 EAST 35TH ST., NEW YORK, NY 10016
WWW.LASERTATTOOREMOVALNYINC.COM

May Specials Good for Mothers Day
1 Hour Massage & Deep Pore Facial $99
Spa Manicure Spa Pedicure $25
Buy 1 Microdermabrasion and get 1 free $75
Deep Pore Facial & Oxygeneo Face Treatment $99
Laser Hair Removal Choose any area for $75
Fractional – Reduces Stretchmarks, acne scars, wrinkles Buy 1 get 1 free 2 for $99
Microdermabrasion with Deep Pore Facial $75
No time to come in? Pre-pay before 5/10/15
GET SKINNY permanently & painlessly
Zerona – 3-9 inch loss in 2 weeks $50
Cavi Lipo – reduce cellulite & Fat $50
spa Jolie
180 7th Ave. South • New York
212-229-0399
[between Perry St. & West 11th St.]
www.nylaser.net • Open 7 days a week
Free phone or in person consultation

1 Is Kate Middleton making other moms look bad?

If you're a new mom — or soon to be one — it's understandable if the post-birth behavior of a certain Duchess of Cambridge has you feeling like a bit of an underachiever. Not only did she squeeze out newborn Princess Charlotte Elizabeth Diana after two and a half hours in the hospital Saturday morning — with no epidural or anything — but she was then standing up — standing up! — on the steps of the hospital, baby in her arms, waving to well-wishers nine hours later and looking pretty darn fantastic doing it. That's asking a lot of a woman mere hours after giving birth. Of course, most women don't have a crack team whipping their hair, skin, nails and wardrobe into camera-ready shape just after the baby arrives. Basically, if Middleton is supposed to serve as a role model for other women, maybe someone should sit her down and have a talk about unrealistic expectations, yeah?

ALL PHOTOS GETTY IMAGES

2 Kanye West wants John Kerry-level security

This week in Perfectly Reasonable Kanye West Requests: security! The even-tempered and ever-humble rapper will be traveling to Rome to film a small part in "Zoolander 2," and he's reportedly taking his accommodation cues from U.S. Secretary of State John Kerry, because obviously. "Kerry stays at the iconic Baglioni [hotel] because it's directly across the road from the U.S. Embassy, and he has an army to protect him with machine guns and soldiers at the ready," a source tells Radar Online, explaining that West "wants a similar setup, as he's become increasingly paranoid about traveling with his wife and child. Rome's a dangerous place. [West] wants top-level security in the rooftop suite, with 360-degree views and [room] for security [on] the entire floor below." Seems eminently reasonable.

3 Time to lawyer up, other people named Kylie

Apparently, there's nothing you can't monetize or commodify, at least not if you hail from the Kardashian-Jenner clan. To wit, 17-year-old Kylie Jenner has reportedly filed an application to trademark her first name for "entertainment in the nature of providing information by means of a global computer network in the fields of entertainment, fashion and pop culture" and for personal appearances "by a celebrity, actress and model." Hey, at least we finally have a lock on what her career technically is. One hitch, though: There's already a famous pop star named Kylie — Minogue, in case you're wondering — who has been famous longer than Jenner has been alive. Which might cause a problem down the road, no? Also, couldn't you at least wait until you're of legal voting age before you start trademarking yourself? Kids these days.

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
@Nedrick
ned.ehrbar@metro.us

2 CULTURE

Twitter feed

Today, Dwayne Johnson is feeling inspired, Jamie Chung is qualifying her policies, RuPaul wants you to recognize and Joel McHale has terrible, terrible advice.

@TheRock: Anything that's worth doin', is worth doin' right. Be willin' to put in the work and success will come. Let's roll..

@jamiechung1: Correction- Treat ALL living beings with kindness...Unless it's trying to eat you.

@RuPaul: If your happiness is contingent on someone else changing their behavior, then you playin yo'self, henny.

@joelmchale: Remember: lift with your back.

Ciara: 'There ain't nothing I can't do'

Interview. The R&B artist returns with her deeply personal sixth studio album, "Jackie." She talks motherhood, seductive dancing and Baltimore.

Ciara's new album "Jackie" came out yesterday. / PROVIDED

It has been a productive but turbulent past year for Ciara. First, the R&B singer gave birth to son Future Zahir Wilburn in May of last year, broke off her engagement to the baby's father and rapper Future following rumors of infidelity, started on her new album "Jackie" just a matter of weeks before her due date and is appearing on the NBC variety show "I Can Do That." Clearly, the 29-year-old, who's about to embark on her first tour in six years, has got the motherly multitasking down. Her record, as she explains to us, reflects her post-baby "empowerment."

Your album has a track called "Jackie (B.M.F.)" (bad motherf—er). What makes you a bad motherf—er?
I love this song. It was so funny; I went into the studio and just felt it was so heavy on my chest to just scream, "I'm a bad mother…" Of course, I was inspired having my son, and I was just thinking, there ain't nothing I can't do. I feel like I can conquer the world. When I think about my journey and everything that I've experienced personally and professionally, I feel so strong and

MANHATTAN CENTER FOR Vaginal Surgery
Labia Plasty
Vaginoplasty
Mona Lisa Touch
"Will Change Your Life"
2 out of 5 postmenopausal women suffer from:
Vaginal Dryness, Itching, Burning, Painful Urination & Painful Intercouse.
This special laser promotes vaginal regeneration causing a return to vaginal health. Symptoms typically improve within 7 days! Clinically proven.
MONA LISA TOUCH WILL RELIEVE YOUR SYMPTOMS.
144 E 44th St, Ste 205 NY, NY 10017 (3rd – Lex)
212-308-4066
manhattancenterforvaginalsurgery.com
MEDSPA 44
Make Yourself Beautiful for the Summer!
SKIN CARE TREATMENTS & COSMETIC LASER SERVICES
Fraxel • UI Therapy • Cool Sculpting
Laser Hair Removal • Smartlipo
Cellulaze • Precision TX – Neck Lift
Botox, Juvederm, Voluma
144 E 44th St, Ste 205
NY, NY 10017 (3rd – Lex)
212-308-4990
info@medspa44.com
www.medspa44.com
HURT AT WORK?
WORKER'S COMPENSATION
CONSTRUCTION ACCIDENTS
MOTOR VEHICLE ACCIDENTS
LAW OFFICES OF HARRIS LAW GROUP, LLP
• Work Related Injuries • Occupational Diseases
• Construction Accidents • Motor Vehicle Accidents
• Negligence & Liability Accidents
• Personalized Service to Every Client
• No Appointment Necessary
• Represent Uninsured Employers
CALL 212.684.3160
Offices in Queens, Brooklyn, Staten Island, Nassau & Suffolk County
FREE CONSULTATION
We speak Spanish, Russian, Chinese, Polish and Bengali
GO TO
banhdc.org
What the carriage-horse industry doesn't want you to know
COALITION TO BAN HORSE-DRAWN CARRIAGES

If you go

Ciara

Tonight, 8 p.m.
Best Buy Theater
1515 Broadway
212-930-1950
www.bestbuytheater.com

empowered, especially after having a child.

You're known for your sensual and raunchy dancing in tracks like "Love Sex Magic." What is it about that style of dance that you enjoy?
The thing for every woman is that we like to feel sexy — it's a form of confidence. The songs that I do show the sensual side, and when I go there with it, it's fun to take control, and it is a form of confidence. And I like to make sure that women are inspired by the dance moves and do it for their guy.

You've been quite active on Twitter in regard to the riots in Baltimore. What's your response to what's happening there?

I understand the frustration of the community and the heartache. I think that there has to be a better way to respond than tearing down the town and the school. You should fight for your rights and beliefs, but it is the kind of concept that if I hit you, and you hit me back, we're both going down. But if you hit me, and I try to find a better way to respond, we can change the situation.

Would you like to be more involved in communities or politics?
I do believe in taking advantage of this amazing platform that God has given me, which enables me to speak to and inspire millions of people all around the world. I'm joining First Lady Michelle Obama in Detroit this weekend to talk about education. It's moments like this that allow me, as an entertainer, to use my voice to make a difference.

RICHARD PECKETT
richard.peckett@metro.lu

TV watch list

Coach is moving on to greener pastures on "New Girl."
RAY MICKSHAW, FOX

COMEDY

'Undateable'

The sitcom goes live this episode, which involves Danny and Justin pursuing a singer from a music fest. Tune in to see if it's spontaneous and fun or a total train wreck! We'd accept either.
9 P.M., NBC

COMEDY

'New Girl'

Coach moves out of the loft, though sadly Damon Wayans Jr. is not departing this time to star in "Happy Endings" again. Meanwhile, Jess and Nick consider their feelings for each other.
SEASON FINALE, 9 P.M., FOX

REALITY

'Dancing With the Stars'

Sia muse Maddie Ziegler appears, and singers Josh Groban and Carly Rae Jepsen also perform. Think you could dance to "Call Me Maybe"?
8 P.M., ABC

LISA WEIDENFELD

MIRACLE ON 35TH STREET

INVISALIGN SPRING SPECIAL
$3,999 for full treatment
$2,699 for express treatment
includes complimentary Zoom Whitening *(additional $700 value)*
• Veneers
• **Dental Implants:** To replace missing teeth permanently
$495 off One Dental Implant *exp 6/15/15 - one per patient*
FREE CONSULTATION
*Financing as low as $95/month**
Offer good through 6/15/15 *must qualify
Leaders in Implant Dentistry! - Est. 1977
CALL NOW TO SCHEDULE YOUR COSMETIC DENTAL EXAM
HERALD SQUARE DENTAL & THE DENTURE CENTER
212-689-0024
224 West 35th St., New York, NY
16th Floor (between 7th and 8th Avenues)
www.heraldsquaredental.com

FOLLOW US ON INSTAGRAM!
metronewyork

Bolton's
If you've seen it before, you've seen it for more!
Remember Her on Mother's Day!
20%off*
YOUR ENTIRE PURCHASE
2271 Broadway New York, N.Y. 10024 (Between 81st & 82nd Streets)
Hours: Mon.-Sat. 10am-8pm Sunday 11am-6pm

The Ugly Face of
Depression

Do you experience:

❑ Sadness ❑ Loss of interest ❑ Insomnia
❑ Trouble concentrating ❑ Loss of energy or appetite

If so, you may be among the millions of Americans affected by depression each year. If you are 18 to 70 years of age, you may be eligible for a research study at our private clinic. As part of a study program, you could receive research-related evaluations, including evaluation of your depression with our Board Certified physician, study medication, blood tests, and electrocardiograms, all at no cost. Please call for more information or a confidential, free screening.

(212) 595-5012
The Medical Research Network, LLC
134 E. 93rd St., New York, NY • www.Medical Research Network.com

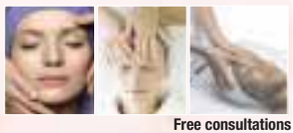
NOTICE TO THE PUBLIC
AFFORDABLE HOME PROGRAM
START WITH AS LITTLE AS $1,000

GOOD CREDIT, BAD CREDIT, NO CREDIT
ALL CASES PROCESSED
CALL NOW FOR FREE REGISTRATION MANY HOMES ARE FULLY RENOVATED
BROOKLYN, QUEENS, BRONX, WESTCHESTER AND LONG ISLAND
3.5% TOTAL DOWNPAYMENT NEEDED

Affordable Home Program LLC
NYS. Licensed Real Estate Brokers
117-18 Queens Blvd Suite 202,
Forest Hills, NY 11375
1866-988-HOME (4663)

ESSENTIAL
Day Spa & Cosmetics Inc.
www.essential-skin.com

Specializing in
Problem Skin
Licensed Professionals
First Time Clients Only



Free consultations

Treat yourself to the gift of beautiful skin; We offer results, not promises!
"Body Massage + Facial $99 • Eyebrow / Eyeliner Tinting $25 • Ear Candeling $50"

Diamond Microdermabrasion Only $50
for acne scars, sun damage skin, fine lines, wrinkles, discoloration, blackheads.

Botinal Wrinkle Treatment Reg $160 $125
formulated with "Botox® - Like" effect without injection. Effectively reduces the appearance of wrinkles and crow's feet after only one treatment.

Acne Treatment w/Glycolic Acid Peel Only $45
For oily and blemish skin with excessive blackheads/ whiteheads, acne scars and discoloration.

Back/Chest Deep Pore Cleansing $75/$35

Deep Cleansing Facial Reg $75 $40
Deep cleans and refreshes all skin types.

Brightening Peel Reg $125 $75
An antioxidant peel that helps to brighten and lighten discolored skin with highly concentrated L-Vitamin C and L-Retinol. All skin types.

Body Slimming Wrap or Salt Glow Special $50
Sea salt scrub to exfoliate and polish or herbal slimming wrap to move toxins and promote inch loss.

Back/Chest Glycolic Peel Only $55/$30

247 E. 50th St. 2 Fl NYC • Trains: E M 6 to Lexington Ave., 51st-53rd Street
4 5 6 7 and S to 42nd Street-Grand Central Terminal • Tel: 212-588-8866/212-253-9693

CELEBRATE 'DRINKO DE MAYO' WITH HANNAH HART

Though Cinco de Mayo is a relatively minor holiday south of the border (and though it's a Tuesday), I plan to celebrate along with the rest of you all in the U.S. of A. with tasty foods and margaritas. And, as author of "My Drunk Kitchen — A Guide to Eating, Drinking, and Going With Your Gut," I feel it's only right that I share with you my three-step plan to a perfect celebration. (Did you enjoy that shameless self-promotion? Good — because I did too.)

Visit **Metro.us/blogs**

So what if it's a Tuesday — your Cinco de Mayo celebration needs margaritas. / PROVIDED

Step two: Ready the carbs

I encourage you to have a hearty meal of carbs and cheese handy to start the evening in the form of a quesadilla. If you don't know how to make a quesadilla, it's essentially a symphony of shredded cheese melted between two fried tortillas. Sour cream, salsa and chicken are all optional additions.

Step two: Freeze a watermelon

I like to celebrate Cinco de Mayo by making a watermelon margarita. First, buy a watermelon and cut it into chunks. Freeze overnight. The next day, use these chunks as the base of your drink. Add tequila and as much lime juice as you fancy. Do the same with the sugar. This ranges depending on taste.

My Drunk Kitchen
YouTube
HANNAH HART
Youtube.com/user/MyHarto
Hannah Hart is a comedian, Internet personality and reckless optimist. Hart is the star and creator of My Drunk Kitchen on YouTube — new episodes every Thursday!

Step three: The morning after

Any properly organized Cinco de Mayo plan will also look ahead. After a watermelon margarita (or four), your body will crave grease. And probably eggs. Fortunately, there is a perfect hangover cure: migas! Effectively a Mexican version of scrambled eggs, your basic migas include: corn tortillas, jalapeno, plum tomatoes, green pepper, red bell pepper, medium onion, eggs (obviously), cotija cheese, cilantro and whatever you use to keep your eggs from burning — butter, oil, etc. Throw (with the appropriate slicing and dicing) onto a skillet, cook and enjoy!

LEXINGTON
FOOT ANKLE & VEIN

RECONSTRUCTIVE FOOT AND ANKLE SURGERY
BUNION AND HAMMERTOE CORRECTION • DIABETIC FOOTCARE
SPORTS INJURIES • TENDON REPAIR • HEEL PAIN • SURGERY
SPIDER VEIN AND VARICOSE VEIN AND MORE...

(888) 825-1666
113 E. 39th St., New York, NY 10016
@lexfootanklevein
www.lexingtonfav.com
MOST INSURANCE ACCEPTED

wellbeing

ISTOCK

MAKE HEALTHY YOUR NEW HAPPY

Taking control of your body can transform your entire life

After spending nearly a decade in prison for a crime he did not commit, Ryan Ferguson learned a thing or two about becoming "Stronger, Faster, Smarter."

EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

When Ryan Ferguson entered prison as a skinny 19-year-old, convicted of a crime he did not commit, he was understandably scared. His first priority became transforming himself into someone bigger and stronger for protection.

But as he started accomplishing his goal, the same determination to change his body started changing his mindset, too. He grew even more determined to prove his innocence, and though it took nearly 10 years, he prevailed and is now a free man.

The things he took from the experience, both his personally honed exercise routine and finding the inner strength to get through it all, are in his new book, "Stronger, Faster, Smarter," out now. We talked to Ferguson about how mind and body are connected and how accomplishing your fitness goals can have a positive impact on other areas of your life.

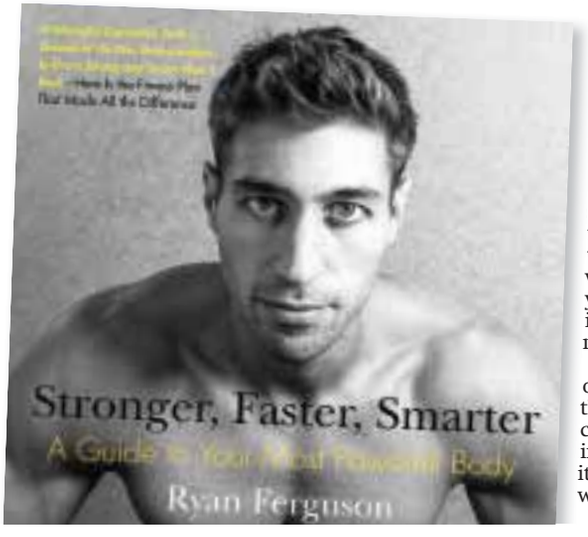
The right food fuels your brain

What you eat plays a huge part in being healthy. Besides drinking a lot of water, Ferguson recommends green smoothies as one of the best ways to get necessary nutrients. "They're infinitely better than fruit smoothies because fruit smoothies have a lot of sugar," he says. "There's nothing more nutritious."

When you change your eating habits for the better, you'll notice that you'll be able to think more clearly and work smarter, too. "If you're healthy and hydrated, your productivity goes up," he says. "You'll actually be a better worker and become an invaluable employee."

You get out more than what you put in

If you're out of shape, transforming your body may seem like an overwhelming, if not impossible, feat, but Ferguson says if you want it badly enough, you can absolutely make it happen. "That's the reality of fitness," he says. "You're going to get what you want most. If you want to be healthy, you're going to get it. You're going to make it happen."



After all, if anyone knows something about overcoming a seemingly impossible situation, it's Ferguson; if he wasn't determined to prove his innocence, he would still be behind bars.

Once you start seeing the results of your athletic determination pay off, you'll put your mind to making other big changes in your life outside of your fitness goals, Ferguson assures. Whatever your own personal prison may be, you can find a way out.

Discover a new source of power

While Ferguson was in prison, he didn't have access to weights and couldn't go outside for a run, but he still found ways to work out.

"In jail, the stairs have no back, so I would come up behind them, grab on to them and do pullups," he says. "The point is, you can be creative with what you have at home."

The most important thing to do is just get moving, he says. Even if you can't afford a gym membership, anyone can afford to walk around the city or do some basic fitness moves, like squats, situps and pushups at home or in the park.

When you get resourceful about your fitness routine, you'll find that you'll become more resourceful in other areas of your life as well, whether it be stretching your finances or tackling a difficult problem at work. Your mind will already be trained to think resourcefully and look for new ways to deal with obstacles.

Chipotle buys into the latest food cause célèbre.

EVA KIS
@thisiskis
eva.kis@metro.us

What you need to know about GMOs

There are no GMOs in your Chipotle burrito bowl — but is that significant? GETTY IMAGES

The American diet is under the microscope. Beyond the obesity epidemic, scientists are linking the foods we eat to everything from the quality of our sleep to serious mental health issues like depression.

The latest villain is, somewhat predictably, GMOs. In our eat-like-our-ancestors Paleo-dieting, farmers market-shopping, kale-worshipping world, it makes sense that genetically modified organisms would cause alarm. And last week, opponents got a big supporter when Chipotle announced it no longer uses them.

The trouble is, there's no evidence that GMOs are dangerous.

'Frankenfood'

The concept of GMOs is easy to grasp. It doesn't require knowledge of nutrition or genetics to understand that someone has taken a natural product into a lab, and we know from Dr. Frankenstein's experiment that what comes out may not be what's intended.

Chipotle's stance is significant because, while not exactly a health restaurant, it's distinguished itself by using fresh, sustainably harvested ingredients. So what does it say when they won't serve something?

Engineering food

The problems modified crops solve are real, and they're here. Land that has been depleted of nutrients through poor farming methods, or simply wasn't fertile enough to sustain crops to begin with, can grow food that has been engineered to need fewer natural resources and be more nutritious. GM crops can resist viruses, pests, drought and other blights.

A recent study by the Pew Research Center and the American Association for the Advancement of Science found that 88 percent of scientists say genetically modified foods are safe; the World Health Organization and European Commission agree.

Put a label on it

Wanting to know what's in our food is a good goal. But we often don't, even with labels that seem clear: Cage-free eggs may still come from chickens that are packed into a barn rather than spreading their wings outdoors.

Labeling has already had a chilling effect on GMOs in Europe, where a mandate in the late '90s led manufacturers — afraid of losing business — to drop genetically modified ingredients.

Currently, an estimated 80 percent of food in the U.S. contains at least one GM ingredient.

In the statement announcing Chipotle's move, founder and CEO Steve Ells acknowledged that it was precautionary: "[I]t's clear that a lot of research is still needed before we can truly understand all of the implications of widespread GMO cultivation and consumption."

Cause for concern

Monsanto rolled out the first GMO crop in 1996, a RoundUp Ready soybean. To date, there has been no scientific evidence of harm to humans as a result of GMO crops. But earlier this year, there was a worrying piece of news about RoundUp: The popular weed killer's active ingredient, glyphosate, was found to be "probably carcinogenic to humans" by the World Health Organization. Spurred by concerns about the safety of the herbicide, Vermont passed a law that would mandate GMO labeling by 2016. But is effectively banning GMOs the way to phase out glyphosate?

TEVA CNS

Understanding
Parkinson's Disease
and Current Treatments

Living Well With PD

Teva CNS cordially invites
Parkinson's Disease Patients and their Caregivers
to an educational program

Presented by:
Dr. David Swope

Date
Wednesday May 20, 2015 at 10:00am
At
Landmarc
10 Columbus Circle
3rd Floor
New York, NY 10019

Your host for this program will be Teva CNS representative
A. Krieger
To RSVP please call
917-648-3138 by May 10th
(Please leave only your first name and number of people attending)
©2014 Teva Neuroscience, Inc. NDD-40111

Does your child experience severe temper outbursts?

Free evaluations of 7- 9 year old children available as part of a research study

Participation is voluntary & compensation is provided.

For more information, please call us at
(718) 817-0968 or
email perl1@fordham.edu

NYU Langone MEDICAL CENTER

FORDHAM UNIVERSITY

Horoscope

♉ Taurus | April 21-May 21
There will be hidden factors influencing those around you. Examine any ulterior motives that might be lurking behind the scenes.

♊ Gemini | May 22-June 20
A lifestyle change will pay off. Improvement to your health will increase your energy, allowing you to enjoy your favorite pastimes.

♋ Cancer | June 21-July 22
Group activities or short trips will inspire you. Make the most of your creative projects. An experienced colleague will give you tips on personal finances.

♌ Leo | July 23-Aug. 22
Feeling sorry for yourself will get you nowhere. Personal issues can be resolved if you are willing to compromise.

♍ Virgo | Aug. 23-Sept. 22
Contributing to charity will involve more than just a donation. Offer your time or talent to the cause of your choice. Recognition and respect will follow.

♎ Libra | Sept. 23-Oct. 22
You will be hypersensitive when it comes to your career. Don't confuse helpful hints with critical comments.

♏ Scorpio | Oct. 23-Nov. 21
Don't be discouraged if you hit a few roadblocks. Tap into what others have to offer. You will pick up tips if you listen and learn.

♐ Sagittarius | Nov. 22-Dec. 21
Legal agencies will cause headaches if you aren't prepared. Keep all of your important documents up to date to avoid any unpleasant consequences.

♑ Capricorn | Dec. 22-Jan. 20
Don't get coerced into a dispute. Refuse to revisit an unpleasant discussion or to speculate about what might have been.

♒ Aquarius | Jan. 21-Feb. 18
You will feel depressed and upset if you think others don't understand you. Say what's on your mind.

♓ Pisces | Feb. 19-March 20
Don't rush to get things done; take your time and do them right the first time. Missing important details will lead to delays.

♈ Aries | March 21-April 20
You will be anxious about financial matters. Stick to your budget, but keep an eye open for discounts or bargains. This is an ideal time to check out an investment. EUGENIA LAST

Sudoku: Easy and hard

4		8						
		6				3	7	8
	1			9	7		5	
		5	9	8	2		1	
	3		1	7	5	6		
	5		4	6			3	
1	6	7				9		
						2		1

			8	2		7		5
				1			4	
2		9			7			
9	2	5	6				7	3
8	1				3	5	6	9
			7			8		4
	7			3				
5		1		6	2			

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters to the editor

Do have a cow

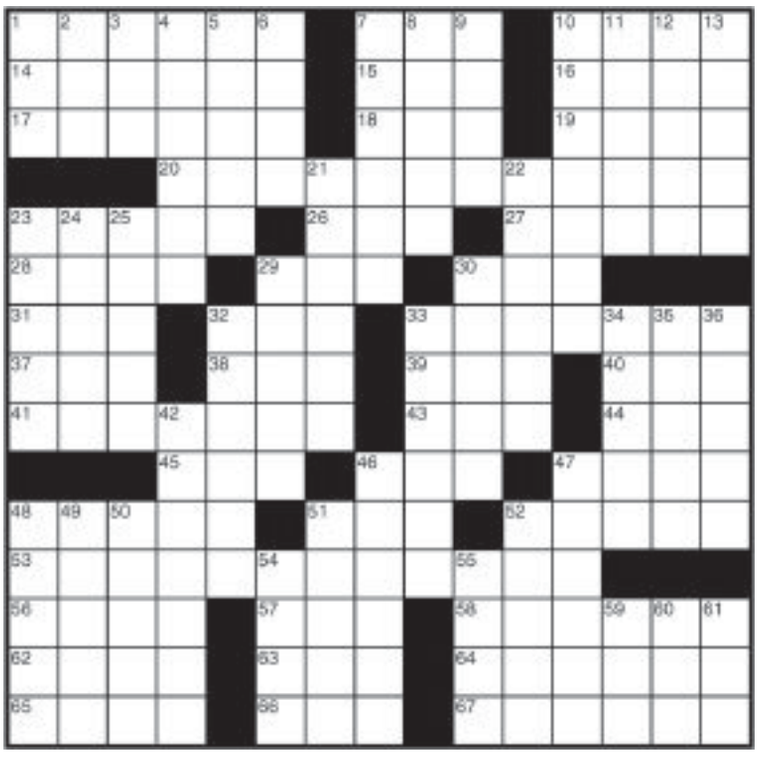
Re: 'Don't have a cow' (Metro, May 4) Wow Bill, it's clear that someone has been reading PETA's wiki. Though we all know that many animals, including but not limited to cows, are not always treated or killed as humanely as we would like, I find it impossible to believe that all newborn calves are torn from their mothers and turned into cutlets. If this were true, cows would have gone extinct decades ago. Perhaps cows at mass kill sites are chained to floors with no access to the outdoors, but most cows, at least those here in Pennsylvania, live on farms outdoors, where they have plenty of access to fresh grass, water and each other. After a period of time (months to years) where they are fattened and checked over (to make sure they are healthy enough for human consumption), they are transported to where they might become, as you so diplomatically put it, hamburgers. Milking cows, on the other hand, can become lonely (without their children) but are constantly in the vicinity of other cows because milking cows are housed together. This helps (again) humans keep an eye on the health of said cows. And last, but certainly not least: I have a wonderful mother. She is kind, gentle, graceful and so very special. After working her butt off, day in and day out, she gets but one Mother's Day to celebrate, and I, for one, will not be the a--hole child who brings her soy cheese on her day.
JENNIFER MATRONE, VIA EMAIL

Visit us online at **Metro.us.**
Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.

Crossword

Across
1 Evidence of rain
7 Game official
10 Cellar, briefly
14 Dined at the diner (2 wds.)
15 Bridal notice word
16 Hodgepodge
17 Batista toppler
18 Old B'way posting
19 Check off
20 Wordsworth locale (2 wds.)
23 Went to the polls
26 Light beam
27 Roundup gear
28 Like some fans
29 Popular movie
30 Train unit
31 Cotillion honoree
32 Puffin kin
33 Oily fish
37 High dudgeon
38 Not sm. or med.
39 "She Done — Wrong"
40 Cote murmur
41 Disco flashers
43 TLC providers
44 Brillo rival
45 Part of mph
46 Embroider, maybe
47 Wife, to a lawyer
48 Can't stand
51 Feel crummy
52 End
53 Far from ambiguous (hyph.)
56 Beauty packs
57 — choy
58 Set a value
62 Pantyhose shade
63 Vane dir.
64 Disregard
65 Pants feature
66 CNN founder — Turner
67 French brandy

Down
1 Boot liner
2 Ms. Hagen
3 — Plaines
4 Made a point?
5 Gruesome
6 Harrow rival
7 Beat an incumbent
8 Festive
9 Menial laborer
10 Pepper
11 Marble blocks
12 Bogs down
13 Japan's capital
21 Kids' wheels
22 Gives the willies
23 "Quo —?"
24 Not hidden
25 River in Italy
29 Even bigger
30 Queeg's ship
32 Mr. Camus
33 Earsplitting
34 Peer Gynt creator
35 A musical Judd
36 Moves gingerly
42 Pogo of the funnies
46 Dampened a stamp
47 Hardening bricks
48 Peaks
49 Lee of martial arts
50 Creature Hercules fought
51 How some go it
52 Partner of Wells
54 Help a hoodlum
55 Tale of adventure
59 Kind of artist
60 Paleozoic or Mesozoic
61 Solstice mo.



Yesterday's answer

metro **As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries.** • • **Metro New York** 120 Broadway, New York, NY 10271 • **main** 212-457-7790 • **to advertise** 212-457-7735 • **sales fax:** 212-952-1505 • **Associate Publisher** Ed Abrams • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** advertising@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Aleksander Korab, aleksander.korab@metro.us • **Deputy Features Editor, Home/Style/Food Editor** Tina Chadha, tina.chadha@metro.us • **TV Editor** Lisa Weidenfeld, lisa.weidenfeld@metro.us • **Film/Tech Editor** Matt Prigge, matt.prigge@metro.us • **Wellbeing/Going Out Editor** Eva Kis, eva.kis@metro.us • **Travel Editor** Rachel Vigoda, rachel.vigoda@metro.us • **Careers/Education/Dating Editor** Lakshmi Gandhi, lakshmi.gandhi@metro.us
Certified Audit of Circulations CAC

Rangers unable to solve Holtby in a Game 3 loss

NHL. Washington's Braden Holtby notched his second career postseason shutout win.

Washington's Nicklas Backstrom grabs control of the puck Monday in Game 3 in Washington. / GETTY IMAGES

If Braden Holtby keeps this up, the Rangers will be on the beach by Saturday.

The Capitals' netminder was a fraction better than Henrik Lundqvist Monday night in Game 3 of the best-of-seven semifinal series between Washington and New York, knocking away 30 Rangers shots in a 1-0 shutout win for the home team in D.C. Washington leads the series, 2-1.

Washington's defense did more than its part as well, as Matt Niskanen blocked seven shots and John Carlson and Mike Green each contributed five.

The Rangers had several strong scoring opportunities in the second and third periods. Martin St. Louis had a breakaway with 6:40 left in the second but Brooks Orpik challenged him from behind and St. Louis flung the puck directly into the chest of Holtby. The Rangers then had a flurry of chances in front of Holtby with seven minutes left in the third but couldn't punch it home. Finally, with Lundqvist pulled, Rick Nash nearly tipped one home off a Derick Brassard shot with 50 seconds left. The puck bounced up in the air for half a second but Holtby was able to secure it and ultimately a Caps win.

The one time Lundqvist was beat came at the 7:31 mark of the second when Jay Beagle followed up his own shot, skated around the back of the net and poked it in off of Keith Yandle's skate.

Lundqvist made 21 saves on the night while Holtby finished with an even 30.

Nash got seven shots on goal in Game 3, but none found the back of the net.

In defeat, the Rangers did a solid job containing Alexander Ovechkin, who finished with just four shots on goal. Ovechkin came into the game with three points in the series.

The Capitals won the faceoff battle, 40-18, in Game 3.

MATT BURKE
@Burke_Metro
sports@metro.us

The slate

What's next for the Rangers and Capitals:

- Game 4: Wednesday at Washington (7:30 p.m., NBCSN).
- Game 5: Friday at New York (7 p.m., NBCSN)

NFL

Jets' Henderson looks to revive his NFL career

One of the newest members of the New York Jets, signed during the offseason and brimming with endless potential but also owning many question marks, Erin Henderson just wants to play football. Henderson did not play football last year, the fallout from a second DUI that scared away some teams despite a career that seemed pointed in the right direction – that is until his car was pulled over in 2014. In 2013, the last time he stepped on the field, he played in 14 games with 12 starts and was second on the Minnesota Vikings with 112 tackles along with four sacks and two interceptions. At 28-years-old he has plenty left in the tank, especially considering that he didn't play at all last year.

An aggressive middle linebacker, Henderson has good instincts and a good motor. Not only does he provide instant depth at the position but he could contend for a starting job under first-year head coach Todd Bowles.

Erin Henderson, left, and Brandon Marshall, right, are both looking to revive their careers with the Jets. / GETTY IMAGES

The past year without football has been "a time to get away from the game and focus on who I want to be." He says that he doesn't just want to be a leader, he wants to be a good teammate, a better husband and father and a better human being. Here with the Jets he believes he can be all those things which led him to sign a one-year contract with the team this offseason.

"I'm probably a better person now than I have been my entire life," Henderson said. "I've been able to sit down and look at myself in the mirror. I was able to look at myself and evaluate who I want to be. Be open and honest about myself and who I am. I am a redefined version of myself." **KRISTIAN DYER**

3 SPORTS

NBA

Curry runs away with MVP honor

Stephen Curry is your new NBA MVP. And despite what many basketball pundits predicted would be a close race, it wasn't. The Golden State guard beat out Houston's James Harden handily for the trophy, receiving 100-of-130 first place votes. Curry is helping the 67-win Warriors chase a title as the No. 1 seed in the West after a season that saw him break his own single-season 3-point record. Game 2 of the Warriors - Grizzlies series is tonight. LeBron James, Russell Westbrook and Anthony Davis rounded out the top five in the MVP vote.

Visit **Metro.us** to see who the candidates are for this year's Madden cover.

BOXING TROTS OUT A BOREFEST

OPINION

MARC MALUSIS

@MARCMALUSIS

Marc Malusis is a columnist for Metro New York and a host on WFAN and CBS Sports Radio.

After all the hype, Mayweather - Pacquiao was B-O-R-I-N-G. / GETTY IMAGES

It was being billed as the fight of the century. It was a dud.

Saturday night in Las Vegas, we were all expecting an all-time great fight between Floyd Mayweather Jr. and Manny Pacquiao. What we got was a boxing display by Mayweather. He is a brilliant tactician and picked apart Manny in a dominant performance. Mayweather is now a perfect 48-0 and is the best pound-for-pound fighter in the world. He threw more punches and landed more, 148-81.

But we were all duped, from the Manny shoulder injury to the Mayweather walk-in with the Burger King mascot behind him. It was a scene that will never be duplicated in my lifetime. Unfortunately, the anticipation was better than the fight itself.

I get that Mayweather is a defensive fighter, and a brilliant one at that. However, what we did not get were two men willing to put their legacies on the line to give us a fight for the ages. There were no memorable exchanges in the ring. Neither fighter was ever truly hurt from an opposing punch. We got an old-fashioned snooze-fest, and I, for one, am done.

If Pacquiao was completely healthy would the fight have been different? Probably not. It would have been slightly more entertaining, but at this stage of his career, he is no longer the fighter he once was, the popular whirling dervish. At this point, Mayweather is just flat-out better.

Would it have been nice to know that Pacquiao was hurt heading into the ring? Yes. That is why boxing is a fraud and hurts itself time and time again. The handlers for Manny Pacquiao did their fighter a disservice Saturday evening. Nobody wants to hear about injuries after you lost. If you step into the ring, the assumption is that you are healthy and ready to fight.

Pacquiao is a humble and respectful fighter, and he needed to give Mayweather the proper credit Saturday night, and he did not. That is a terrible job. It was yet another example of the sport not being able to get out of its own way. The fight lacked intensity and emotion. Pacquiao looked happy to be there and even thanked Mayweather at the weigh-in. What kind of fighter does that? A fighter that knows he is up against it. One that is overmatched and/or hurt and knows he is going to lose.

After the initial opening rounds, it became very clear that both fighters could not wait until they got their hands on the checks after the fight. Mayweather was running around Vegas with a check for $100 million dollars. In that way, this fight was historic. It was a historic moneymaking machine, the likes of which we will not see again for quite some time.

We all bought into a fight that might have been much more competitive five years ago. But that is neither here nor there. We finally got the fight that we all wanted to see, and it was a dud. It was a money grab. It was another example of boxing being boxing — and that is certainly not a good thing.

This fight was being billed and promoted as good guy versus villain. The sport needed a great night that it never got. Oftentimes the buildup is never as good as the event itself. That was definitely the case for the supposed "fight of the century."

DOWNTOWN
111 JOHN ST. SUITE 1450
NEW YORK 10038

DOWNTOWN PODIATRY SERVICES

MIDTOWN
315 MADISON AVE SUITE 513
NEW YORK 10017

NEW LOCATION
159-05 92nd St
Howard Beach, NY
718-845-0741

THE FUTURE OF FOOT SURGERY HAS ARRIVED!

BEFORE AFTER

- Specializing in Surgery and Aesthetics of the Foot
- Minimally Invasive - State of the Art Technology
- Bunion & Hammertoe Surgery

FREE consultation with ad

CONTACT US!

1-877-BUNION-1 or DowntownPodiatry.com

WANT A GREAT CAREER?

Then NYCI is your choice...Since 1941

- Day, Evening & Sat. Classes
- Degree & Certificate Programs
- Transfer Credits Accepted
- VA Approved
- 75 Years of Excellence in Education

Court Reporting
Closed Captioning
Paralegal
Healthcare Mgmt
Medical Billing & Coding

Classes start soon
Registration open through May 18th

New York Career Institute
Call 212•962•0002 or online: www.nyci.edu
11 Park Place, NYC - Near City Hall

MEDICAL RESEARCH

To advertise, call Betsy Marchetti at 212-457-7829 or email betsy.marchetti@metro.us

DO YOU SUFFER FROM **MODERATE TO SEVERE PLAQUE PSORIASIS** AND ARE **18 YEARS OR OLDER?**

If so, IMA Medical Research, PC is conducting a 12 week, 4 visit study using an investigational topical cream to treat plaque psoriasis.

Compensation for time and travel provided. Study related medical care for psoriasis at no cost. No insurance needed.

For more information, please **call (888)-852-7656.**

NYU School of Medicine
NYU LANGONE MEDICAL CENTER

DO YOU HAVE ATOPIC DERMATITIS?

Medical researchers are now looking for volunteers to take part in a clinical trial for people with moderate to severe atopic dermatitis.

This study will test the safety, tolerability and efficacy of an oral compound for atopic dermatitis patients. All participants will be compensated.

For more information contact:

212.263.6881

Dermpharm@nyumc.org

BACK PAIN ACUPUNCTURE

overweight stress anxiety back neck joint pain fatigue pinched nerve poor circulation sciatica migraine foot pain hair loss acne massage physical therapy chiropractic

Accept 1199 aetna cigna oxford unitedhealthcare bluecross blueshield metroplus affinity healthplus medicare and more
www.MedicalHolistics.com

115W 30 St. #500B(6Ave) 212-764-3924
723 7 Ave #703 (48 St) 212-470-0360
Jamaica Queens 718-687-2474

LEGAL SERVICES

To advertise, call James Elam at 212-457-7752 or email james.elam@metro.us

Bankruptcy Attorney

Looking for a low-priced bankruptcy attorney who accepts installments? Then call

Jay Simon • 718.222.4619

32 Court Street, Suite 805, Brooklyn

Bankruptcy Only, Chapter 7 Specialist, Low Fee, One Set Fee, Installments, Personalized Attention, Free Consultation

Service • Savings • Satisfaction • Simon!

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

JOBS

General Help Wanted

Multiple Openings Available
Seeking Candidates to Join our Team ASAP
We Offer:
*** Hourly Pay + Commissions**
*** Recognition and Incentive Programs**
*** Health Benefits**
*** Opportunity for Rapid Advancement**
*** Student Bonus Program**
Call 718-210-3639

JOBS

General Help Wanted

SIGHTSEEING BUS TICKET AGENTS

Start today! Paid daily

Choose Hours up to 30% comm

2 East 42nd Street

212-664-0300

General Help Wanted

Corporate Security Opportunity

FT/PT
Up to $18.50/hr
M-F wanted ASAP

Call #646-664-5655

General Help Wanted

Lobby Attendant M/F

Great Oppty wanted ASAP FT/PT
UP TO $16.50/he 18+

Call HR #917-795-6711

General Help Wanted

Drivers Independent Contractors (Long Island City) Tri-state courier service. Minimum 1 year experience, Must have own vehicle with commercial plates or own helper. Steady work and great rates. Bring your driver's license, SS card, registration and insurance card. Apply at MitchellsDataMovers 47-11 Austell Place Long Island City, NY 11101 See Rich between 10AM and 4PM Monday to Friday only.

TELMKTRS F/T EXP ONLY!
MADE YOU LOOK!!!
Now All You Have To Do is Call. Salary + Comm.+ Bonus = $8.-$12/Hr.
David (212) 563-7500

Housekeeping Oppty

Male/Female Welcome
No Exp Nec/Will train
Up to $17.75

CALL NOW #347-867-0311

Attendant / Front Desk
No exp nec / Must be 18+
No HSD/GED Req. Pay up to $19.50 Call #518.495.1688

Cleaning Personnel

Full Time / Part Time Oppty
Up to $18.50

Miss Alva #347-595-5323

General Help Wanted

Atmack® Real Estate Sales People Wanted Lic & Unlic., $HIGH% We pay 4 your Classes: 855-286-2251 Ext.100

Building Cleaners

All Shifts Available FT/PT
Up to $18.50/hr

Call Now For Opportunity #347-600-4664

Professional

Selerity, Inc. seeks a Senior Data Scientist in its New York, NY office.

Minimum Requirements: Master's in Comp Sci or a related field. Master's coursework must include Machine Learning, Artificial Intelligence, * analysis of Algorithms. 1 yr of exp in the position offered or 1 yr as Research Software Engineer. Prior exp must include leveraging natural language processing and machine learning techniques; designing and implementing algorithms necessary for processing of financial news & financial reports utilizing Java.

Please send resumes to Yordanka Ilieva, Director of Finance & Operations, 7 West 36th Street, Floor 4, New York, NY 10018.

Full-time: $120,000 per year.

LEGAL NOTICES

Notice of Formation of a HKL Capital, LLC. Articles of Organization filed with Secy. of State of NY (SSNY) on 3/26/2015. Office location: New York County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: the LLC c/o/888 7th Ave., Suite 503, New York, NY 10106. Purpose: Any lawful purpose.

NOTICE IS HEREBY GIVEN that a license, Number 1285373 for On Premises Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 165 E. 33rd Street, New York, NY 10016 for on premises consumption. Sushi Para 33 Corporation

NOTICE IS HEREBY GIVEN that a license, Serial # 1285450, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 68 Bergen St., Brooklyn, NY 11201. Kings County, for on premise consumption. R & G 86 LLC.

Legal Notices

NOTICE IS HEREBY GIVEN that a license, Number 1284628 for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail under the Alcoholic Beverage Control Law, in a Restaurant located at 168 Borinquen Pl., Brooklyn, NY 11211, for on-premises consumption. Double Deep LLC.

Notice of Formation of Randall Ross MD LLC. Articles of Organization filed with Secy. of State of NY (SSNY) on February 26, 2015. Office location: New York County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 19 Stoneyside Drive, Larchmont, NY 10538. Purpose: Any lawful activity.

NOTICE IS HEREBY GIVEN that a license, Serial # Pending, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail Restaurant under the Alcoholic Beverage Control Law at 8618 4th Ave., Brooklyn, NY 11209, for on-premise consumption. Omiya 2015 Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1282165 for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail under the Alcoholic Beverage Control Law at an Outdoor Music Venue & Beer Garden, located at 56-06 Cooper Ave., Ridgewood, NY 11385, for on-premises consumption. Grove Productions LLC

PSYCHICS

AFRICAN ADVISOR & SPIRITUALIST

MR SHEIKH SALEEM, 6TH GENERATION OF AFRICAN MEDIUM, CAN HELP YOU OUT OF DESPAIR, SEVEN DAY RESULTS

Love specialist, Reunite lovers even hopeless cases, Business success, Release from spell, Clear Negativity, Strong Voodoo, Black Magic, Court issues, Family problems, Drugs, Careers, Exams, Gambling, Luck, Protection, Impotency/Infertility & more.

917-254-6647
116TH/7TH AVE
WWW.AFRICANMEDIUM.COM

metro CLASSIFIED DIRECTORY

To advertise please contact 866-900-9473 or Newyorkclassifieds@metro.us

PSYCHICS

Mr. Khalifa International African Spiritual Healer & Clairvoyant with 39 yrs exp. Helping ppl across the world. Solves problems: Bad influence, Blockage, Disease, Sexual problems, Bad Luck, Business success, Black Magic, Exams, Court, Marriage&Relationship. Call Mr. Khalifa, Results Within 7 nights. 646.339.2385 or 646.630.8303

PROFESSOR SHEIKH IBRAHIM SPIRITUAL HEALER AND CLAIRVOYANT SPECIALIZE IN RELATIONSHIP, MARRIAGE & LOVE, BREAK BLACK MAGIC, BAD LUCK, BUSINESS, JOB, EXAMS, DIVORCE, COURT CASES, IMMIGRATION, ETC SEEK HELP FROM MR. IBRAHIM Results between 3/7 days! www.psychicoumar.com CALL NOW 212.316.0567 OR 646.239.4298

ITEMS WANTED

CASH FOR DIABETES TEST STRIPS - Up to $35/box! Payment Made SAME-DAY We Receive Your Strips! Call Jenni for a Quote Today! 800-413-3479 www.CashForYourTestStrips.com.

SERVICES

REDUCE YOUR CABLE BILL!
Get an All-Digital Satellite System installed for FREE and programming starting at $19.99/mo. FREE HD/DVR upgrade for new callers,
SO CALL NOW 877-356-0526

CAREER TRAINING

Health Care/ IT Program
Medical Assistant
Nurse Aide (CNA)
EKG & Phlebotomy
Physical Therapy Aide
Patient Care Technician
Comp. Programming
Comp. Networking
Arts Program
Cosmetology
Nail Technology
Esthetics

866 487 5432
Access Careers
www.AccessCareers.edu
*Financial Aid (*If qualified)
25 Elm Place
Brooklyn, NY

ACCESS INSTITUTE
JOBS
We Train & Place!
New Media Production (Audio & Video)
PCT• HHA• Medical Asst EKG/PHLE/Pharm Tech
CNA FREE Training if eligible
Free Training US Vets - Solar Tech etc
Call: 718-263-0750
STUDENT VISAS @ LOW COST
On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY
WWW.ACCESSQUEENS.COM

Mandl School
The College of Allied Health
Earn your Associates Degree not just a certificate

- Medical Assistant
- Surgical Technologist
- Respiratory Therapist
- Health & Human Services
  Alcohol & Substance
- Abuse Counselor
- Healthcare Administration
  Medical Coders & Billers
- Dental Assistant
  (certificate)

CLASSES START MAY 11
ACT NOW!
Financial Aid Available*
Day/Eve/Weekend Courses
Transfer Credits Accepted
Convenient Midtown Location
VITAL CAREERS START HERE!
Call Today: 855-626-3504
254 West 54th Street | www.mandl.edu
For disclosure Information visit:
http://mandl.edu/gainful-employment/
*Financial Aid available if qualified. Earn college credits

HHA/CNA Training NYSED
Slow learner? Long time out of school? Placement Assistance. Job Placement Assistance $14.00/per hr
Call #718.349.8003

CNA TRAINING $535
Home Health Aide Training $340
Immediate Job Placement Assistance
Fordham Institute in Queens 718-480-1804

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us

REAL ESTATE

Rooms for Rent

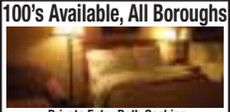
Affordable Furnished Rooms in Manhattan

Utilities Included
Same Day Move In
Cable, TV, Internet
No Credit Check
$125 per week • Call 212-862-0030

All Manhattan/Bronx

Furnished Rooms For Rent! Cable/Internet Ready! Move In Today! All utilities Inc. Starting Just $125/wk.
Call Us Now: (212)368-2685

100's Available, All Boroughs



Private Entry Bath Cooking
1 Person/2 Person $125wk/up room rentals
Studios $900/up
212-697-3598

ENTERTAINMENT

Erotic Zone!!!
Meet Sexy Singles in Your area!
100's of Singles on line now!
CALL NOW!
800-838-2561
HOT LIVE SEXY GIRL'S
800-963-4536
18+

Try It FREE!!!
New York's Hottest
Chat Line
Meet Real Local Singles in Your Area
646-507-5155
Gay/Bi Curious Chat!
646-507-5151
Reg. LD rates apply 18+

America's Premier Psychics
Live Psychic Reading
877-998-FATE (3283)
Entertainment only 18+

Ultrasound
Med Assistant (RMA)
Pharmacy Tech (PTCB)
Dialysis Technician

Nursing Assistant (CNA)	$699
EKG & Phlebotomy Combo	$699
Patient Care Technician (CPCT)	$699
Medical Billing (CBCS)	$699
Med Off Administration (CMAA)	$999
Pharmacy Technician (PTCB)	$999
CPR (By American Heart Association Valid 2yrs)	$80

Financial Aid Available If You Qualify
ACCREDITED INSTITUTE
NEW YORK MEDICAL CAREER TRAINING CENTER
500 8th Ave. NY • 212-947-4444 • Close to Penn Station & Port Auth
36-09 Flushing Main St. • 718-460-4340 • Corner of Main Street & Northern Blvd
www.nymedtraining.com

DOWNLOAD
THE METRO.US APP
Download on the App Store
Available for download on Google play

Say hello to Plenti

A new way to get rewards at Macy's and lots of other places!

Join *for free*

Start earning points today

- Earn points – no matter how you pay!
- Earn double points on Beauty & Fragrances at Macy's!
- Use points for savings on great brands at Macy's, macys.com and certain Plenti partners.
- See a Sales Associate or visit macys.com/plenti to sign up and get more details.

the magic of macy's.com

APP BLOG

Plenti points cannot be earned or used on fees and services or on some purchases, such as at certain food establishments and leased departments within Macy's stores. For complete terms and conditions, including a complete list of exclusions, **see Sales Associate or visit macys.com/plenti**

Lots of points. Lots of places.
One rewards program.

Plenti | at&t | EXXON | macy's | Mobil | Nationwide | RITE AID | Direct Energy | enterprise | hulu